



SACRAMENTO REGION MAY is MONTH

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Biking, scooting, and skating are a great way to get outside with your friends and family. To keep the fun rolling, it's important to remember that bicycles on the roadway are considered vehicles, and bicyclists are the drivers, with the same rights and responsibilities as motorists. Can you commit to being a Bike & Roll Model Champion and following the rules of the road?

I Pledge to be a “Bike & Roll Model Champion” by promising to....

- Wear my bike helmet correctly (level on my head, covering my forehead and buckled) every time I ride. It's the law if you are under 18!
- Ride on the right in the same direction as other vehicles whether riding on the sidewalk or in the bike lane. Go with the flow – not against it.
- Obey all traffic laws. A bicycle is a vehicle and you're the driver. When you ride in the street, obey all traffic signs, signals, and lane markings.
- Yield to traffic. Almost always, drivers on a smaller road must yield (wait) for traffic on a major or larger road. If there is no stop sign or traffic signal and you are coming from a smaller roadway (out of a driveway, from a sidewalk, a bike path, etc.), you must slow down and look to see if the way is clear before proceeding.
- Yield to pedestrians in the crosswalk and when you must ride on the sidewalk.
- Be predictable. Ride in a straight line, not in and out of cars. Signal your moves to others.



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- Stay alert at all times. Use your eyes and ears. Watch out for potholes, cracks, wet leaves, railroad tracks, or anything that could make you lose control of your bike. Listen for traffic and avoid dangerous situations; don't use personal electronics when you ride.
- Stop, look, and listen for approaching trains before crossing railroad tracks.
- Have fun!

Name

Peer Witness

Date

Date

