



For more information please contact:

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This material was developed by PedSafe, a program of the California Department of Public Health (CDPH). Funding for the duplication of this material is from an award from CDPH's Kids Plates program.

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During Daytime

BE VISIBLE

Wear bright colors, like red, orange, yellow, white or neon when walking or biking.

BE PREDICTABLE

Don't dart into traffic, bike or walk erratically, be distracted or be tuned out to sounds around you.

WALK LEFT, RIDE RIGHT

Walkers face traffic, cyclists ride in the same direction as traffic.

BE AWARE OF TRAFFIC

around you, and anticipate what they might be doing before they do it.

CROSS SAFELY

Look left, right, left again, and around your shoulder before crossing.

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At Night

FOLLOW THE LAW

Cyclists must have a white light on the front and a red reflector on the back of their bike.

WEAR A HELMET

with reflective stickers or tape to be visible at night.

WHEN WALKING

wear light-colored and reflective clothing or a reflective vest to be visible.

AT DAWN OR TWILIGHT

Drivers still have limited visibility or may have the setting or rising sun directly in their eyes.

WHEN CROSSING

choose a well-lit area to cross the street.

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