It's Up to All of Us
Stay alert. Stay alive.
A guide to walking and biking

Lights On! BE SAFE, BE SEEN

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This material was developed by PedSafe, a program of the California Department of Public Health (CDPH). Funding for the duplication of this material is from an award from CDPH’s Kids Plates program.
During Daytime

BE VISIBLE
Wear bright colors, like red, orange, yellow, white or neon when walking or biking.

WALK LEFT, RIDE RIGHT
Walkers face traffic, cyclists ride in the same direction as traffic.

CROSS SAFELY
Look left, right, left again, and around your shoulder before crossing.

BE PREDICTABLE
Don’t dart into traffic, bike or walk erratically, be distracted or be tuned out to sounds around you.

BE AWARE OF TRAFFIC
around you, and anticipate what they might be doing before they do it.

At Night

FOLLOW THE LAW
Cyclists must have a white light on the front and a red reflector on the back of their bike.

WEAR A HELMET
with reflective stickers or tape to be visible at night.

AT DAWN OR TWILIGHT
Drivers still have limited visibility or may have the setting or rising sun directly in their eyes.

WHEN CROSSING
choose a well-lit area to cross the street.

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