It's Up to All of Us
Stay alert. Stay alive.

A guide to walking and biking

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Walking Safely

STOP AT THE CURB.
Look left, right, and left again before crossing. Keep looking as you cross.

WATCH FOR CARS
that are turning or backing up.

CROSS AT CROSSWALKS
or at intersections. Use signals when they are there.

MAKE EYE CONTACT
with drivers before crossing in front of them.

WALK ON SIDEWALKS
or paths. If there are no sidewalks, face traffic and stay left.

STOP AT THE CURB.
Look left, right, and left again before crossing. Keep looking as you cross.

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WALK ON SIDEWALKS
or paths. If there are no sidewalks, face traffic and stay left.

Biking Safely

ALWAYS WEAR
a properly fitted bicycle helmet.

CHECK YOUR EQUIPMENT
before riding, inflate tires properly and check that your brakes work.

RIDE RIGHT
Bikes travel with traffic, not against it so ride on the right side of the road.

SEE AND BE SEEN
wear something that reflects light and place reflectors on your bike.

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