

FEBRUARY 2018
SAFE ROUTES TO SCHOOL







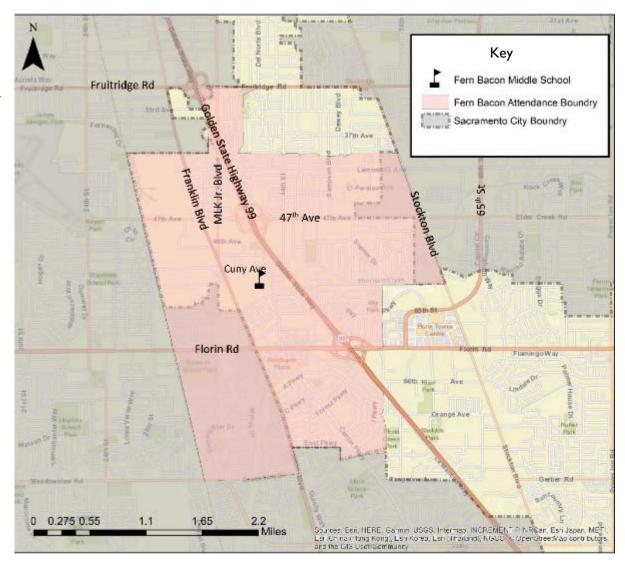
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SCHOOL LOCATION

Fern Bacon Middle School is located at 4140 Cuny Avenue, Sacramento, CA 95823 within the Sacramento City Unified School District. For the current 2016-2017 school year, approximately 759 students were enrolled in seventh and eighth grade, of which 93.9% were eligible for free or reduced price meals. The 2017-2018 attendance boundary is shown in red on the map (right). Students attending Fern Bacon live within the City and unincorporated County of Sacramento.

Fern Bacon Middle School is part of a multi-site campus and shares property and facilities with two other Sacramento City Unified School District schools: Bowling Green McCoy Elementary and Bowling Green Charter Chacon Language & Science Academy. The middle school is situated within a disadvantaged community in the heart of South Sacramento.² CalEnviroScreen 3.0 which identifies communities most affected by pollution and where residents are vulnerable to adverse environmental impacts ranks this community in the highest percentile (91 – 100%). The school is closely bordered to the east by Highway 99 and on the west by Franklin Boulevard. The school has a high mode share of pedestrians and cyclists despite most students' trips necessitating travel along or across major, high-speed arterial roadways.



¹ California Department of Education, Free/Reduced Meals Program and CalWORKS Data Files, 2013. Available from http://www.cde.ca.gov/ds/sd/sd/filessp.asp. Accessed on April 24, 2014.

² CalEnviroScreen3.0 Percentile 91 - 95% (Highest Score). Map Available from https://oehha.ca.gov/calenviroscreen/maps-data

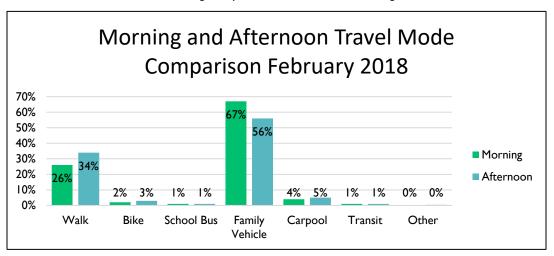
EXISTING CONDITIONS

MODE SPLIT

Using the National Center for Safe Routes to School Student Travel Tally³ (Appendix A), in-class tallies of student travel mode were conducted over a period of three days in February 2018 and May 2018. In February 2018 there were 4,216 rides tallied over 19 classrooms and in May 2018 a total of 3,294 rides were tallied across 19 classrooms. From February 2018 to May 2018 there was little change in percentage in mode share. This may have been due to the tallies collected over a short period of time and after the programming with the school began in the fall.

February 2018	Number of Trips	Walk	Bike	School Bus	Family Vehicle	Carpool	Transit	Other
Tuesday AM	701	25%	2%	.6%	67%	4%	.4%	.4%
Tuesday PM	700	34%	2%	.4%	57%	5%	.7%	.4%
Wednesday AM	684	24%	2%	.6%	69%	4%	.6%	.1%
Wednesday PM	707	34%	2%	.4%	59%	4%	.7%	.4%
Thursday AM	695	28%	2%	.6%	65%	3%	1%	.3%
Thursday PM	729	35%	4%	.5%	52%	7%	1%	.3%

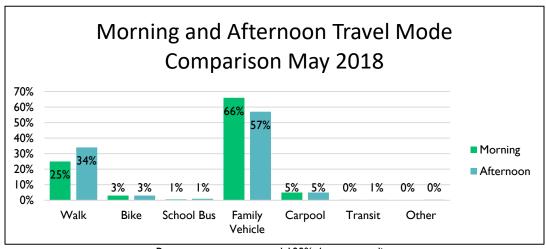
Percentages may not total 100% due to rounding.



³ National Center for Safe Routes to School, Evaluation: Student In-Class Travel Tally, 2018, available. Accessed January 2018

May 2018	Number of Trips	Walk	Bike	School Bus	Family Vehicle	Carpool	Transit	Other
Tuesday AM	630	25%	3%	.6%	66%	5%	.3%	.2%
Tuesday PM	620	34%	3%	.6%	57%	5%	.3%	.3%
Wednesday AM	573	27%	4%	.9%	65%	3%	.5%	.2%
Wednesday PM	539	33%	4%	.7%	59%	2%	.2%	.6%
Thursday AM	463	26%	3%	4%	62%	4%	.2%	.2%
Thursday PM	469	33%	3%	3%	57%	4%	.2%	.2%

Percentages may not total 100% due to rounding.



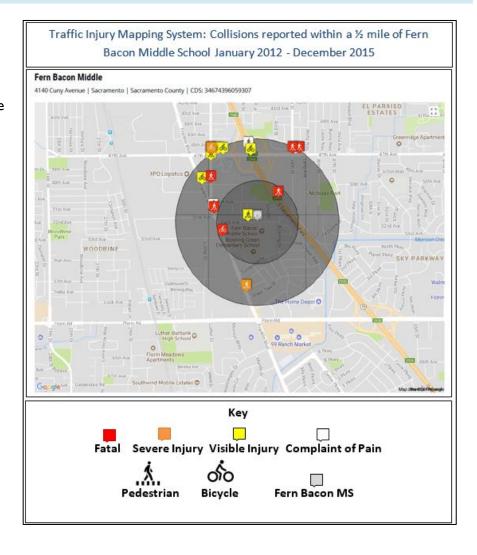
Percentages may not total 100% due to rounding

TRAFFIC INJURY MAPPING

Over a 4-year span of January 2012 - December 2015 there were 23 reported collisions involving motorists and non-motorists within a ½ mile radius of the school (Appendix B).4 Collisions occurred most frequently between the intersection of 47th Avenue and Martin Luther King Jr. Boulevard and the intersection of Franklin Boulevard and Florin Road. The intersection of 47th Avenue and Martin Luther King Jr. Boulevard is heavily used by students who live north of 47th Avenue or east of Highway 99. The intersection of Franklin Boulevard and Florin Road is heavily used by students who live south of Florin Road.

In this short time span, there have been six fatal collisions including one cyclist and five pedestrians. Seven collisions occurred between 7:30 am and 5:00 pm on weekdays, which are popular student commute times.

TIMS Injury Summ Bicycle Injuries 201 Bacon Middle Scho	2-2015 with		
Radius	<¼ mile	1/4 - 1/2 mile	Total
Fatal	2	4	6
Severe Injury	0	4	4
Visible Injury	I	5	6
Complaint of Pain	0	7	7
Pedestrian	2	П	13
Bicycle	ı	9	10
Total	3	20	23

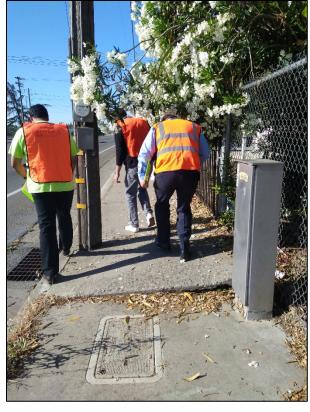


⁴ UC Berkley Transportation Injury Mapping System: Safe Routes to School Collision Map Viewer, available at https://tims.berkeley.edu/tools/srts/.

PARENT CONCERNS

Parent concerns regarding school travel were gathered during stakeholder interviews during the school's 'Bulldog Café' meetings and Safe Routes to School promotional events. Parents and guardians identified traffic safety and neighborhood crime as their top concerns for student safety when walking or biking to school. The Martin Luther King Jr. Boulevard and 47th Avenue intersection is heavily used by students who live north of 47th Avenue. The intersection is of major concern due to perceived high vehicle speeds. Martin Luther King Jr. Boulevard has a posted speed limit of 35mph, and 47th Avenue has a posted speed limit of 40mph. Speeds in excess of 30mph without barriers from traffic, such as landscaping, make for a less pleasant pedestrian environment, and are not conducive to parents allowing their students to walk or bike. A speed survey may be beneficial to confirm actual traffic speeds on both Martin Luther King Jr. Boulevard and 47th Avenue. Pedestrian facilities such as the sidewalks are unprotected from traffic and are in some locations partially obstructed by large utility poles or illegal dumping. Additionally, despite being identified by students and parents as a lower-stress alternative to walking on Martin Luther King Jr. Boulevard, the 49th Avenue to Wesley Avenue segment lacks continuous sidewalks, deterring student use.

Studies have shown that residents of neighborhoods with sidewalks are 47% more likely to be active at least 30 minutes a day.⁵ Safe, accessible, well-maintained sidewalks are a fundamental community investment that enhances public health and maximizes social capital.⁶ According to data provided by the Sacramento County Department of Health and Human Services, Sacramento County ranks higher than state averages for diabetes, heart disease, blood pressure, cholesterol, obesity, and asthma. 16.8% of adults in Sacramento County do not participate in regular physical activity. Only 12% of children and teens throughout the County are physically active at least one hour per day.



Walk Audit participants walk around utility poles and overgrown greenery along Martin Luther King Jr.

⁵ Sallis J., et al. "Neighborhood Environments and Physical Activity among Adults in 11 countries." American Journal of Preventive Medicine, Vol. 36, No.2

⁶ National Association of City Transportation Officials (NACTO). (October 2012) Urban Street Design Guide pp 24-25. http://www.nyc.gov/html/dot/downloads/pdf/2012-nacto-urban-street-design-guide.pdf.

NATIONAL CENTER FOR SAFE ROUTES TO SCHOOL PARENT SURVEY

Parents' attitudes toward walking and biking were also surveyed using the National Center for Safe Routes to School Parent Survey (Appendix C)⁷ in September 2017. Out of 755 surveys, 420 were returned (56%). A second round of parent surveys were requested in May 2018, however, no surveys were returned. Key Results:

- The issues most frequently reported to affect the decision to **not** allow a student to walk or bike to/from school are violence or crime (76%), the distance of the route (75%), safety of intersections and crossings along the route (70%), and the speed of traffic along route (69%) by parents of children who do not walk or bike to/from school.
- There is an inverse relationship between the distance a student lives from school and the likelihood they have asked permission to walk or bike to school. Students that live within a mile of school are more likely to ask permission to walk and bike while students that live I mile or more from school are less likely to ask permission to walk or bike. As such, it may be valuable to consider prioritizing improvements within I mile of the school site.
- The greatest number of parents (31%) estimated the distance between home and school to be 1-2 miles.
- Despite living within a walkable and bikeable distance, the majority of parents reported the family vehicle as the typical mode of arrival (62%) and departure (57%) from school. This may indicate the need for further mode shift encouragement programs in conjunction with built environment change.

school by parents of childr	en who already walk or bike to/	from school
Issue	Child does not walk/bike to school	Child walks/bikes to school
Violence or Crime	76%	56%
Distance	75%	72%
Safety of Intersections and Crossings	70%	53%
Speed of Traffic Along Route	69%	42%
Weather or climate	64%	42%
Time	49%	36%
Sidewalks or Pathways	45%	36%

Issues reported to affect the decision to allow a child to walk or bike to/from

No response: 210

Note:

- --Factors are listed from most to least influential for the 'Child does not walk/bike to school' group.
- --Each column may sum to > 100% because respondent could select more than issue
- ---The calculation used to determine the percentage for each issue is based on the 'Number of Respondents per Category' within the respective columns (Child does not walk/bike to school and Child walks/bikes to school.) If comparing percentages between the two columns, please pay particular attention to each column's number of respondents because the two numbers can differ dramatically

⁷ National Center for Safe Routes to School, Evaluation: Parent Survey, 2017, available http://saferoutesdata.org Internet: accessed August 2017.

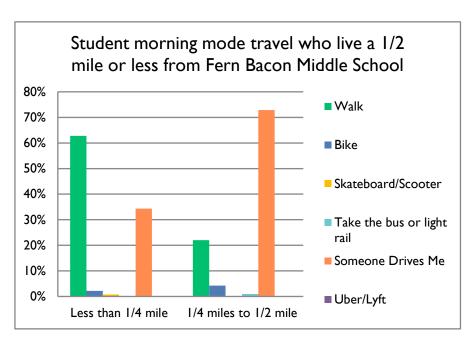
STUDENT PERCEPTIONS ON WALKING AND BIKING TO AND FROM SCHOOL

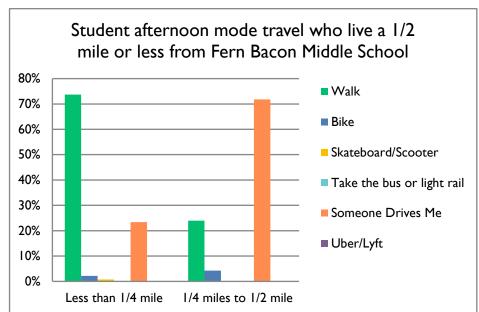
STUDENT SURVEYS

In fall 2017, 777 students were asked about their perceptions regarding walking and biking to and from Fern Bacon Middle School and what would help them do so more frequently (Appendix D).

Key Results:

• Of those students living within a ½ mile or less of the school (a walkable and bikeable distance), the majority still arrive or depart via motor vehicle. This may indicate the need for further mode shift encouragement programs in conjunction with built environment change.

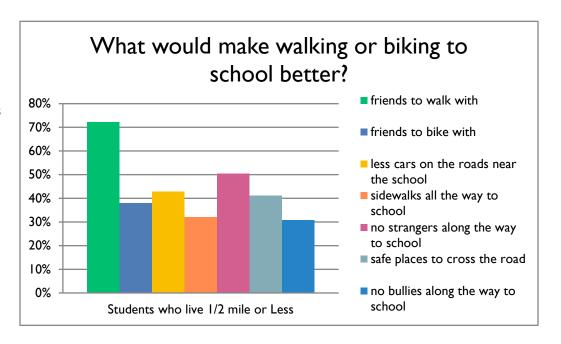




Over 69% of students who live within a 1/2 mile of Fern Bacon Middle School view walking and biking as fun, but less than 50% of those students feel that walking and biking is a safe option. This indicates the perception of traffic safety is a major barrier to walking or biking in this community.

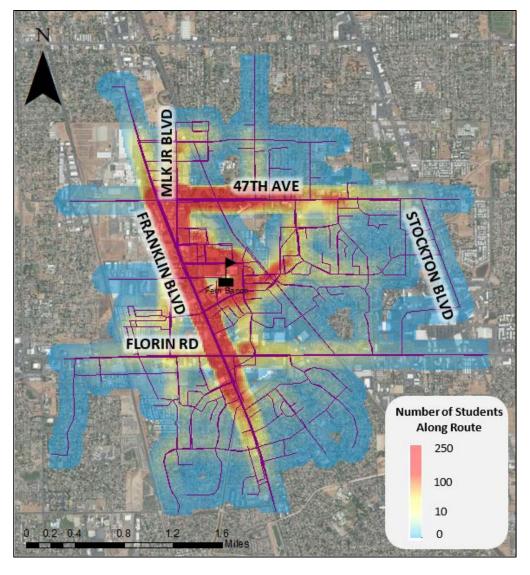


When asked what would improve walking or biking to school, students who live within a ½ mile of the school said friends to walk with (72%), no strangers along the way to school (50%), and less cars on the road near the school (43%) as top three preferences, indicating that safety is a key concern for students who are deciding whether to walk or bike to school or be driven.



Student Travel Heat Map

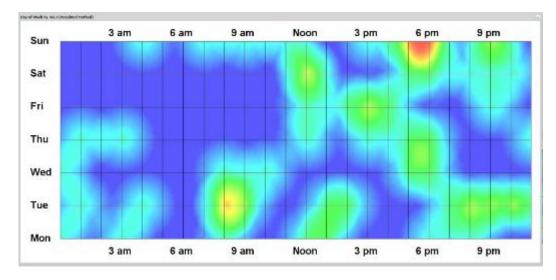
o Students who currently walk or bike to school were asked to draw their route on a map. The goal of the exercise was to understand where students are currently walking and biking from. Doing so also helped to identify potential 'walking school bus' meet-up locations. The mapping exercise showed 47th Avenue, Martin Luther King Jr. Boulevard, and Franklin Boulevard as main paths of travel for students.



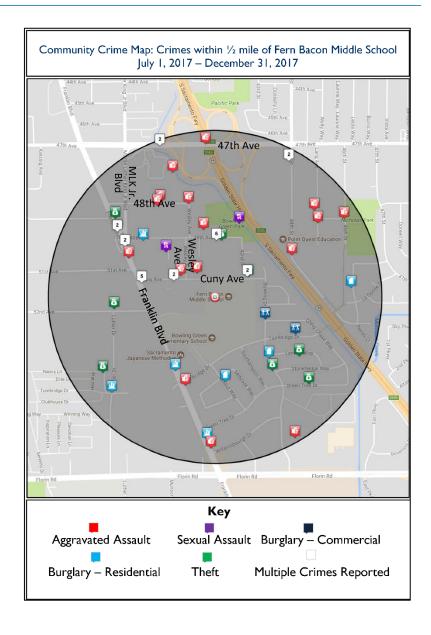
47th Avenue, Martin Luther King Jr. Boulevard, and Franklin Boulevard are main pedestrian and bicycle routes to school.

CRIME REPORTS

Between July 1, 2017 and December 31, 2017, crimes reported within a 1/2 mile of Fern Bacon Middle School predominantly occurred between the hours of 9:00 am and 9:00 pm with a concentration during the afternoon and early evening hours around when students head home from school or after-school activities.8



Crime occurrence by time of day between July 1, 2017 – December 31, 2017 within a ½-mile radius of Fern Bacon Middle School.



⁸Department, S. C. (n.d.). Community Crime Map. Retrieved from LexisNexis: https://communitycrimemap.com/

IDENTIFYING BARRIERS TO WALKING AND BIKING

Infrastructure and non-infrastructure barriers to walking and biking to school were identified through two walk audits, traffic observations, and discussions with school staff, parents, and community members.

WALK AUDIT

Walk audits were conducted on June 2, 2017 and November 30, 2017. Walk audits are community feedback and data gathering events where participants analyze current conditions and opportunities for improvement. Participants included Fern Bacon Middle School administrative staff and parents, community members, California Department of Health staff, County of Sacramento DOT Staff, SMUD staff, WALKSacramento staff, and representatives from District 2 Board Supervisor Patrick Kennedy's office.

The main barriers to safe walking and biking identified through the walk audit were the lack of pedestrian and bicycle facilities, namely sidewalks and crossings.

TRAFFIC OBSERVATIONS

Morning and afternoon traffic observations (Appendix E) were conducted on Tuesday, May 30, 2017. Traffic observations are surveying events where participants analyze parent and student travel behaviors. Participants included a Sacramento City Unified School District Board Member, Fern Bacon Middle School administrative staff, Sacramento County DOT staff, and WALKSacramento staff. Observations were made at the designated pick-up and drop-off areas on Cuny Avenue. Main issues included double parking on Cuny Avenue and high traffic speeds through the Wesley Avenue and Cuny Avenue intersection where students regularly cross.



Participants discuss areas of focus for the November 30, 2017 Walk Audit.

STUDENT EDUCATION AND ENCOURAGEMENT

October 22, 2017 Fern Bacon Middle School celebrated its first Walk to School Day, with over 150 students and staff participating and celebrating the benefits of walking and biking. Students received encouragement prizes and safety information for walking and biking. Students who biked, skateboarded, or scootered were fitted for helmets from California Highway Patrol. Additional community partners attended the event, including Sacramento County Sherriff, Supervisor Kennedy and staff, and Health Education Council. The school has indicated interest in continuing to hold these events well into the future. A Bike to School Day event is planned for May 23, 2018. These events highlight the need for safer infrastructure, safety education, and greater enforcement of traffic violations around the school.

On February 22, 2018 WALKSacramento hosted a school bike rodeo and repair clinic to educate students on key safety skills and bicycle maintenance. League Certified Instructors and Sacramento City Police Department provided course instruction for students which included basic balance techniques, hand signals, and advanced turn movement practice. Sacramento Area



California Highway Patrol provides bike helmets and safety information during Walk to School Day 2017

Bicycle Advocates provided an ABC quick check and repair station. Mechanics taught students about basic bicycle repair and maintenance. Students received encouragement prizes and safety information for participating, and helmets were provided by California Highway Patrol. Additional community partners who attended the event included The Historic Monterey Trail District, Health Education Council, and the Sacramento Tree Foundation. Over 30 students participated in the event.

Fern Bacon Middle School has also committed to starting a monthly walking school bus with staff and students in the spring.

RECOMMENDATIONS FOR REVIEW

Through traffic observations, two community walk audits, and numerous discussions with school staff, students, and parents, the following were identified as opportunities for Safe Routes to School improvements:

INFRASTRUCTURE RECOMMENDATIONS

ID	Location	Recommendations	Justification
I	Martin Luther King Jr Boulevard (Rainbow Mini Park to 47 th Avenue)	 Traffic Calming Removal of utility poles from pedestrian right of way Buffering or separating bicycle facilities (Buffered Class II or Class IV bikeways) 	North of 47th Avenue on Martin Luther King Jr. Boulevard, sidewalks are narrow and often littered with illegally dumped material. Large utility poles in the center of already narrow sidewalks further minimize the available pedestrian zone. Speeds greater than 25mph create a poor pedestrian environment and make legal crossings at unmarked and unsignalized intersections difficult. Reducing the number of lanes, narrowing lane widths, installing buffered bicycle facilities, and/or separating sidewalks with landscaping would help to calm traffic. Official engineering studies will be required to assess the feasibility and any traffic impacts. Removing and/or undergrounding utilities along the pedestrian right of way would significantly improve conditions for students as well as parents with strollers or those using wheelchairs. Despite the provision of class II bike facilities on Martin Luther King Jr. Boulevard along this stretch of roadway, students and adults tend to ride their bikes on the sidewalks. Motorists often pass one another in the bike lanes or are parked within them. High speed traffic with little to separate cyclists from traffic likely cause cyclists to feel safer riding on sidewalks. Given the wide bicycle facilities, buffering or separating the lanes with striping or physical curbs or delineators would significantly increase the safety of students biking to and from school. Accompanying these infrastructure changes, the County should work closely with code enforcement and the Sheriff's department to minimize illegal dumping, reduce the prevalence of conspicuous criminal activity, and speeding along the corridor.



Visual I: Aerial view of location

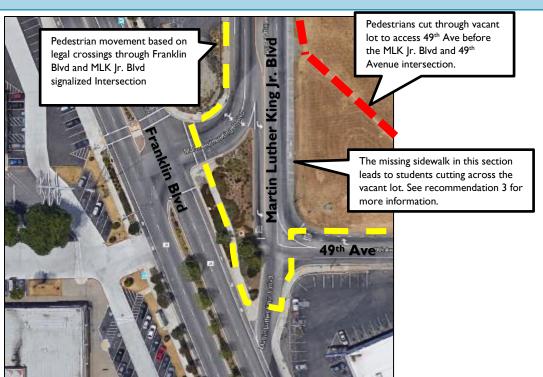


Visual 2: A damaged fence impedes the sidewalk at Martin Luther King Jr. Boulevard and 44th Avenue

ID	Location	Recommendations	Justification
2	Intersection of Franklin Boulevard, Martin Luther King Jr. Boulevard, and 49th Avenue	 Improve pedestrian crossings Better facilitate through-traffic and turn movements within the intersection 	Students and families say that the intersection of Franklin Boulevard and Martin Luther King Jr. Boulevard is confusing and requires several challenging crossings to navigate. Students traveling from the west often use this intersection to access the school sites. Currently students cut across the vacant lot on the corner of Martin Luther King Jr. Boulevard and 49th avenue to avoid the intersection (visual I red line). Alternatively, students would have to cross to the southbound side of the street at the intersection of Martin Luther King Jr. Boulevard and 47th avenue, approximately 1,300 feet north of the signalized crosswalk or across an unmarked crosswalk at Martin Luther King Jr. Boulevard and 48th Avenue, approximately 126 feet north of the signalized crosswalk. Efforts to clarify crossings at this intersection and improve lines of sight for drivers, pedestrians, and cyclists will significantly improve active transportation in this area. To improve pedestrian crossings, enhance the intersection by including traffic calming measures and safe pedestrian and bicycling facilities including sidewalks, marked crossings, and additional

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stop controls.

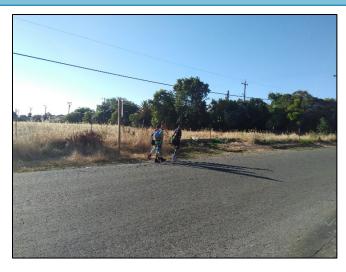


Visual I: Pedestrian movements to access 49th Avenue at intersection of Martin Luther King Jr. Blvd and Franklin Blvd.

ID Location	Recommendation	Justification
3 Martin Luther King Ju Boulevard, 48th Avenue, Wesley Avenue, 49th Avenue	sidewalks Prioritize:	Students travel south on Martin Luther King Jr. Boulevard then transition onto 48th Avenue or 49th Avenue to get to school. Neither 48th Avenue nor 49th Avenue have continuous sidewalks that facilitate safe pedestrian travel. Furthermore, there is no sidewalk between 48th Avenue and 49th Avenue on Martin Luther King Jr. Boulevard. The lack of sidewalk has caused confusion about where pedestrians and bicyclists should be as they arrive to the already confusing intersection(s) of Martin Luther King Jr. Boulevard, Franklin Boulevard, and 49th Avenue. Due to the lack of sidewalks, pedestrians travel diagonally through the vacant lot on Martin Luther King Jr. Boulevard to access 49th Avenue. In the winter, the vacant lot floods, making the footpath unusable, requiring pedestrians to walk in the shoulder. As 48th Avenue continues onto Wesley Avenue, students walk in the road or cut across vacant lots due to the lack of sidewalks along the vacant parcels on the east side of the road. Even though there are missing sidewalks, students and parents prefer travel along this route over traveling on Franklin Boulevard to access Cuny Avenue due to high-speed traffic. Adding new sidewalks would drastically improve safety for students getting to school on Martin Luther King Jr. Boulevard, 48th Avenue, Wesley Avenue, and 49th Avenue. The sidewalk segments were prioritized based on stakeholder feedback during the walk audits.



Visual I: Recommended sidewalk infill routes



Visual 2: Students on Wesley Avenue travel south to Fern Bacon Middle School



Visual 3: Walk Audit participants on the corner of 49th Avenue and Martin Luther King Jr. Boulevard observe missing sidewalks

ID	Location	Recommendation	Justification
4	Pedestrian Bridge (Chevy Chase Way and Maynard way)	 Code enforcement and landscaping Pedestrian Lighting Improved Pedestrian entrance on Maynard Way 	Students who live east of Highway 99 frequently travel to Fern Bacon Middle School via this pedestrian bridge and often in the evening following afterschool activities. The bridge has minimal lighting to aid visibility in the morning and after dusk. The entrance of the bridge on Maynard Way (image below) is hidden behind an extension of the sound wall and unnoticeable due to overgrown greenery. This is a common camping site and has been described by families as an attractor of dangerous/criminal activities. Increasing safe, secure access to the footbridge and installing additional lighting near and on

Visual

from school.

the bridge will significantly improve safety for students of all three sites traveling to and

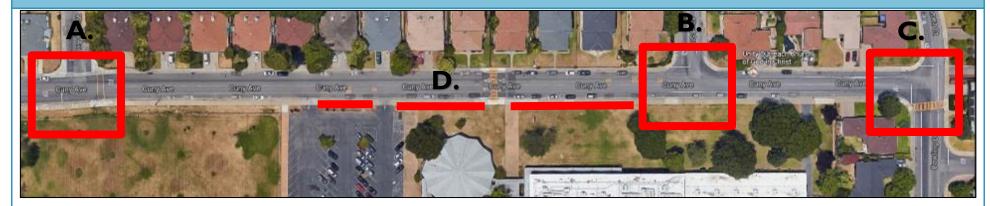


Visual I: Pedestrian Bridge Entrance on Chevy Chase Way

Visual 2: Pedestrian Bridge Entrance on Maynard Way is hidden by overgrown greenery

ID	Location	Recommendation	Justification
5	Cuny Avenue	 Add high visibility crosswalks at the intersection of Cuny Avenue and Wesley Avenue (Exhibit A in visual) Add a marked crosswalk at the intersection of Cuny Avenue and 42nd Street (Exhibit B in visual) Add curb bulb-out on Cuny Avenue and Bowling Green Drive (Exhibit C in visual) 	A. Students traveling to and from areas to the north of the school cross Cuny Avenue at the intersection of Wesley Avenue. Currently there is one crosswalk on the east side of Cuny Avenue. Cars move through the intersection quickly and often do not stop for students trying to cross. Students heading home cross Cuny Avenue to the north-east corner, then proceed to cross diagonally across Wesley Avenue to access the west side of the road where there are sidewalks. Adding two additional crosswalks, (southbound side of Cuny Avenue and across Wesley Avenue) will increase the visibility of crossing pedestrians and enable students to access sidewalks on Wesley Avenue in a safer manner.
		 Restrict Parking during Pick-Up and Drop-off Hours (Exhibit D in Visual) 	B. Many students live in the Bowling Green Village Apartments located on the corner of 42 nd Street and 49 th Avenue. Students travel south on 42 nd street and cross at the intersection of 42 nd Street and Cuny Avenue. There is a speed table and high visibility crossing approximately 258 feet to the west. After vehicles proceed through the speed table, they tend to speed up, where they then encounter students crossing the street at 42 nd Street. Adding a crossing and/or additional traffic calming measures will aid in safer crossings for pedestrians and encourage traffic to drop off further along the street.
			C. Motorist approach the right turn at Bowling Drive at relatively high speeds after dropping off their students. There is a high visibility crosswalk across the southern leg of the Bowling Drive intersection. Adding a curb bulb-out on the south-west corner of the intersection and red striping on each side of the crosswalk will aid in slowing down traffic and increasing visibility for students crossing Bowling Green Drive.
			D. During the traffic observations, drivers left their vehicles idling on Cuny Avenue while waiting to pick up or drop off their students, causing unnecessary backup and decreased visibility of pedestrians trying to cross at crosswalks to oncoming traffic. Cars who park in front of the school parking lot reduce the visibility of oncoming traffic for vehicles exiting the parking lot. Restrict parking near the crosswalks and school driveway to increase visibility and to encourage parents to pick up and drop off further down Bowling Drive. This increases the queuing distance, reduces the incidence of double parking and slows down traffic along Bowling Drive as it approaches the T intersection.

Visual



Visual I: Location of recommendations

Visual 2: Intersection of Wesley Avenue and Cuny Avenue. students heading home cross Cuny Avenue to the north-east corner, then proceed to cross diagonally across Wesley Avenue to access the west side of the road where there are sidewalks.



ID	Location	Recommendation	Justification
6	Intersection of Martin Luther King Jr. Blvd and 47th Avenue	Add landscaping along lawn to deter camping and sidewalk blockage.	The Arco station attracts a high population of transients and illegitimate activity. The lawn along Arco property and Martin Luther King Jr. Blvd is a shaded area for transients to camp during high temperature afternoons, often spilling over into the sidewalk. Fern Bacon Middle School students and administration have reported concern over walking in the turn lane to avoid campers. Pedestrian safety is a top concern at this intersection for parents, students, and the school administration. Working with property owners to add low-maintenance landscaping such as native bushes, will add visual curb appeal while deterring camping on the lawn and decreasing the chances of the sidewalk becoming blocked.
			Visual





Visual 1: Recommended lawn landscaping in yellow.

MAP OF RECCOMENDATIONS



SCHOOL RECOMMENDATIONS

In addition to the recommendations to the County of Sacramento, for long-term built environment change to improve the pedestrian and bicycle environment, WALKSacramento recommends Fern Bacon Middle School continue Safe Routes to School programming through the following approaches to continue building a strong safety pedestrian and bicycle culture.

EDUCATION

Education programs teach students, parents, and community members about traffic safety behaviors and benefits of walking and biking. Education takes part during regular class time, as part of after-school programs, or through club activities. Safety education campaigns are held during October and May to complement Walk to School Day and Bike to School Day events. Education can take the form of video voice projects, PE class activities, and bike rodeos to name a few.

For more information on bicycle and pedestrian education and resources, visit: https://www.saferoutespartnership.org/resourcecenter/publications/CurriculaGuide

ENCOURAGEMENT

Encouragement activities are crucial because they help make the case for further infrastructure change and can make marked improvements in school based traffic and local air quality by encouraging students who would otherwise be driven to school to walk or ride their bike. Establishing regular monthly walking school buses or celebrating Bike to School Day and Walk to School Day events help create broader support for SRTS programs and reinforce the "safety in numbers" concept. Safety in numbers: more walkers and bicyclists, safer walking and bicycling, a study conducted by Peter Jacobson in 2003 concluded that "Where, or when, more people walk or bicycle, the less likely any of them are to be injured by motorists. There is safety in numbers."9

WALKING SCHOOL BUS

Based on student survey exercises, students who live within a 1/2 mile or 15-20 minute walk or bike ride of Fern Bacon Middle School, identified four locations as ideal meeting places to walk to school together; Rainbow Mini Park (Martin Luther King Jr. Boulevard and 47th Avenue), Luther Burbank High School (Florin Road), Southgate Plaza (Franklin Boulevard and Florin Road), and Nicholas Park (46th Street and Masonry Way). Meeting locations can be rotated each month, to ensure all students have an opportunity to meet and walk to school together. During off days, students should be encouraged to use the identified locations as regular meeting points and remote drop-offs for students who live too far to walk or bike from their home.

For more information how to start a walking school bus, visit: http://www.walkingschoolbus.org/

⁹Jacobsen PL Safety in numbers: more walkers and bicyclists, safer walking and bicycling Injury Prevention 2003;9:205-209.

WALK TO SCHOOL DAY AND BIKE TO SCHOOL DAY

Walk and Bike to School days are held in October and May during National Walking Month and May is Bike Month. These events celebrate the benefits of walking and biking to school. Walk and Bike to School events are larger celebrations that can build upon the monthly walking school bus or bicycle train programs and create interest with other families. These events are great opportunities to invite community partners such as law enforcement, neighborhood associations, and school board officials to celebrate with Fern Bacon Middle School.

For more information on how to organize a walking school bus, a Walk to School day, or a Bike to School Day Event, visit: http://www.walkbiketoschool.org

SAFE WALKING AND BIKING MAPS

Safe walking and biking maps encourage students to walk and bike to school and identify common meeting locations for students to walk to school together. Maps also provide reminders of areas for students to take additional precaution while walking or biking to school (Appendix F). WALKSacramento recommends including the maps in the school handbook and distribute to families at the beginning of each academic year.

ENFORCEMENT

LOCAL LAW ENFORCEMENT

Partnerships with Law enforcement help increase awareness and obedience of traffic safety laws and can reduce the prevalence of crime near schools. Enforcement programs can include working with local law enforcement officials to educate the public on traffic safety and safe speeds. Programs with law enforcement should consider the community's perception of law enforcement and should aim to be educational rather than punitive.

SCHOOL CROSSING GUARD PROGRAMS

Schools can also develop a crossing guard program to assist with daily enforcement of safety for students and other pedestrians and bikers. Student crossing guard programs are a great opportunity for students to take ownership of pedestrian and bike safety.

For more information on California School Crossing Guard Training, visit: http://www.scusd.edu/post/california-school-crossing-guard-training

For more information on how to establish a student crossing guard program, visit: https://schoolsafety.calstate.aaa.com/

PICK-UP AND DROP-OFF PROCEDURES

School staff, law enforcement, and crossing guards can work together to enforce pick-up and drop-off procedures to provide daily safety reminders to be alert while in school zones and support an orderly process for traffic flow. WALKSacramento recommends pick-up and drop-off procedures be adopted into the school handbook and distribute to parents at the beginning of the year (Appendix G).

GENERAL RECOMMENDATIONS

LANDSCAPING

Landscaping and upkeep can significantly improve the walking environment of a neighborhood. Where foliage does exist, many areas are not well maintained and encroach upon the walking path. Encourage neighborhood residents to plant shade trees in their yards to provide shade for pedestrians and improve the overall walking experience. WALKSacramento encourages partnering with the Sacramento Tree Foundation to perform tree plantings and address the urban heat island effect.

MAINTENANCE AND ILLEGAL DUMPING

Vacant lots along Wesley Avenue, Martin Luther King Jr. Blvd, and the pedestrian bridge entrances at 44th Avenue North of Fern Bacon Middle School and Chevy Chase Way south of Fern Bacon Middle School are popular sites for illegal dumping, resulting in trash blocking walking paths and bike lanes. Ensuring regular cleanup and pedestrian level lighting of roadways and pedestrian bridge entrances will support more "eyes-on-the-street" to discourage illicit activity and improve safety for students traveling at dusk.

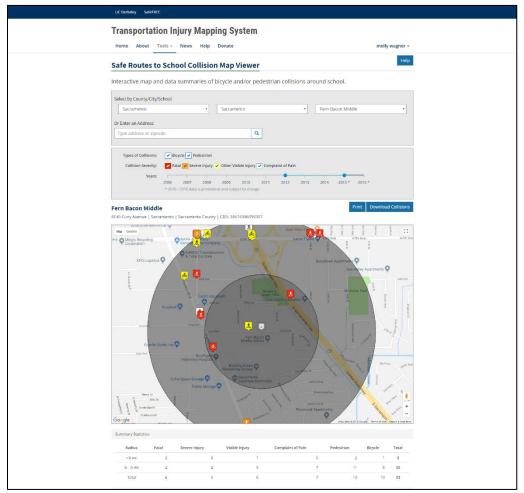
BIKE LANES

Bike lanes are not clearly indicated in all cases and should be restriped and signed to clearly indicate to all users where facilities start and end. People are most likely to use bike lanes when they are buffered or separated from adjacent traffic. Consider buffering or separating bicycle facilities where feasible given roadway widths.

APPENDIX A: NATIONAL SAFE ROUTES TO SCHOOL TRAVEL TALLY FORM

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		ther	a group the question "How did you arrive at school today?" swer choice and record the number of students that raised their hands for each. Place just on the count of the question "How do you plan to leave for home after school?" counts once per day but during the count please ask students both the school arrival and deparation to reach a school today?" Record the school today? "Record the number of hands and the school today?" Record the number of hands and the school today? "Record the number of hands and the school today?" Record the nu	ans	iit		01	the	er.																								
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APPENDIX B: UC BERKLEY TRANSPORTATION INJURY MAPPING SYSTEM: SAFE ROUTES TO SCHOOL COLLISION MAP VIEWER, FERN BACON MIDDLE SCHOOL





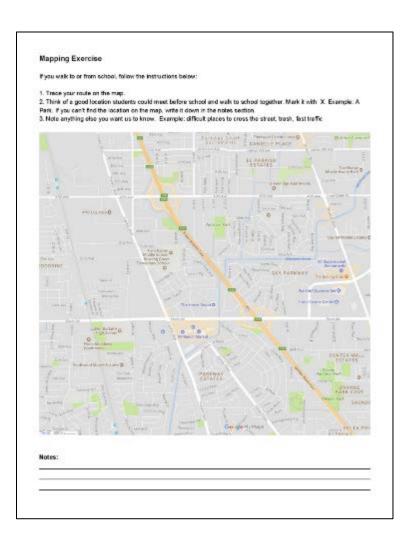
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100000000000000000000000000000000000000	inside box. If you mal	The state of the s		Mary Control of the C			
	ing issues affected you ur child to walk or bike apply)		school if	this probl		ur child walk or bik anged or improved	
				My ch	ild already wa	ilks or bikes to/from s	school
Distance				Yes	No No	Not Sure	
Convenience of driving	19			Yes	No No	Not Sure	
Time				Yes	No.	Not Sure	
Child's before or afte	r-school activities			Yes	☐ No	Not Sure	
Speed of traffic along] route			Yes	No No	Not Sure	
Amount of traffic alo	ng route			Yes	No.	Not Sure	
Adults to walk or bike	e with			Yes	No No	Not Sure	
Sidewalks or pathwa	ys			Yes	☐ No	Not Sure	
Safety of intersection	s and crossings			Yes	☐ No	Not Sure	
Crossing guards				Yes	☐ No	Not Sure	
Violence or crime				Yes	☐ No	Not Sure	
Weather or climate				Yes	☐ No	Not Sure	
	inside box. If you mak						
	ow much does your chi		-		-	_	
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Very Healthy	Healthy	Neutra		Unhea	ilthy	Very Unhealthy	
_	inside box. If you mak	ce a mistake, fil	I the entire	box, and t	hen mark th	ne correct box	
15. What is the higher	st grade or year of scho	ool you complet	ed?				
Grades 1 through 8 (Elementary)	Col	lege 1 to 3 ye	ears (Some	college or tec	hnical school)	
Grades 9 through 11	(Some high school)	Col	lege 4 years	or more (Co	ollege graduat	e)	
Grade 12 or GED (Hi	gh school graduate)	Pre	fer not to an	swer			
16. Please provide an	y additional comments	below.					

	Student Transportation Survey: How do you get to and from scho	ool?
Date: _	Teacher: Grade:	
1. How	w far do you live from school? (Use your best guess. Check one box)	
П	Less than ¼ mile	
_	% miles to % mile	
	% mile to 1 mile	
	1 mile to 2 miles	
	More than 2 miles	
	I don't know	
2. How	w do you <u>usually</u> get to school in the morning? (check one box)	
	Walk	
11	Bike	
- 11	Skateboard/Scooter	
П	Take the Bus or Light Rail	
- 11	Someone Drives Me	
- 11	Uber or Lyft	
3. Who	o do you <u>usually</u> go to school with in the morning? (check one box)	
11	By myself	
	With friends or neighbors	
	With a parent or adult	
	With a brother or sister	
4. How	w do γου <u>usually</u> get home from school? (check one bax)	
_	Walk	
-	Bike	
	Skateboard/Scooter	
	Take the Bus or Light Rail	
	Someone Drives Me	
П	Uber or Lyft	
5. Who	o do you <i>usually</i> go home from school with?	
	By myself	
- 11	With friends or neighbors	

11	With a parent or adult
11	With a brother or sister
6. Do y	ou participate in afterschool activities? (check one box)
11	Yes
11	No
7. If yo	u had a choice, how would you most like to get to school? (check all that apply)
	Walk
	Bike
	Skateboard/Scooter
	Take the Bus or Light Rail
	Someone Drives Me
	Uber or Lyft
	ou currently have a <u>bicycle</u> that you can ride to school? (check on box)
	Yes
- 11	No
9. Do y	ou have a helmet? (check one box)
	Yes
11	No
10. Ho	woften do you walk or ride your bicycle to places other than school? (check one box)
	Daily
	Weekdays
	Weekends
	Rarely
11	Never
11. Do	your parents/guardians have a <u>car</u> they can use? (check one box)
_	Yes
	No

	Walking		Biking
(Circle one w	ord/phrase on each line)	(Circle one w	vord/phrase on each line)
fun	boring	fun	boring
safe	not safe	safe	not safe
not healthy	healthy	not healthy	healthy
cool	not cool	cool	not cool
saves time	does not save time	saves time	does not save time
☐ no strange☐ nothing —	us safe place to leave my bike ers along the way to school my parents will not let me walk r bike to school if your route to		er rd so you felt <u>safer</u> ? (check one box)
	Turn over fo	r Mapping E	Exercise →





I. Notes from Cuny Avenue and Wesley Avenue Intersection

A crossing guard is placed here during pick-up and drop-off times to enforce stop sign law and provide additional protection for students traveling south on Wesley Avenue. The crossing guard expressed concern over drivers doing rolling stops at the intersection or ignoring the stop sign and cited an instance of almost getting hit will allowing students to cross due to distracted drivers. The crosswalk is located on the east side of Wesley Avenue and crosses over to no crosswalk on Wesley. Students then cross diagonally, dodging cars to cross to the west side of Wesley Avenue, which does contain sidewalks. Students walked in large groups, which later disperse along routes.

2. Notes from the School Parking Lot

Due to a recent pedestrian and car incident, the parking lot is closed to parents during pick-up. Fern Bacon Middle School has deemed the parking lot too risky for conflict points between cars and pedestrians in the lot. All traffic is directed to pick-up or drop-off students on Cuny Avenue.

3. Notes from Cuny Ave between the raised crosswalk and Bowling Green Drive

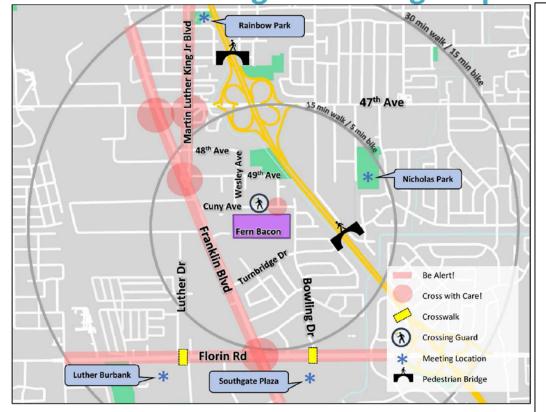
During drop-off cars pull up to the raised crosswalk and drop students off. Staff and City Year students assist students across the crosswalk. As the school start time nears, this causes a ripple effect of backed up cars double parking to drop students off. In the afternoons, cars park along Cuny Ave well before the end of school which also causes back up as drivers who park early, do not have students who are ready to be picked up first.

Many students who live in Bowling Green Apartments between 42nd Street cross at the intersection of Cuny Avenue and 42nd Street, where no marked crossing exists. Students were observed running across street to avoid oncoming traffic. As drivers pull out on Cuny Avenue to exit the school pick-up and drop-off area, they were observed speeding up, not anticipating additional pedestrian crossings at 42nd street or on the corner of Bowling Green Drive and Cuny Avenue.

4. Notes from the Back Entrance of School

Students who live south of the school can enter through the back entrance of the school that connects to Bowling Green Charter School. Two staff members situated on the pavement to monitor students arriving and departing through this entrance. The bike cage is located here. Twenty bikes, two scooters, and one skateboard were observed to be stored in the bike cage. Only two students were helmets.

Fern Bacon Middle School
Safe Walking and Biking Map





It's Up to Students to...

- · Look both ways before crossing
- Walk on sidewalks
- Make sure drivers see you before you cross
- · Obey pedestrian signals

It's Up to Parents to...

- Use extra caution when children are near roadways
- · Be alert near school zones
- · Not stop in or block visibility of crosswalks
- · Not pass cars stopped for pedestrians

Depende de los estudiantes...

- Mirar a ambos lados antes de cruzar las callos
- · Caminar sobre las banquetas o andenes
- Asegurarse de que los conductores los vean antes de cruzar las calles
- Obedecer las señales de peatones

Depende de los padres...

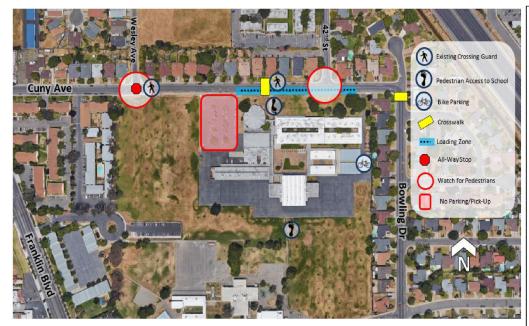
- Tener más precaución cuando hayan niños cerca de los caminos o calzadas
- Estar alerta cerca de las áreas escolares
- No detenerse dentro de los cruces de calles o bloquear la visibilidad en los cruces de calles
- No sobrepasar a los vehículos que se detienen para dejar pasar a los peatones











WALKING

- · Students must wait for crossing guard OK before crossing the street.
- Students should look before crossing large driveways.
- Teach your students how to safely cross the street:
 - Stop at the curb.
 - Look left, right, and left again.
 - Ask, "Is it safe to cross?"
 - o If a car comes, start over.
 - o If a car stops for you, make eye contact with the driver to make sure they see you.
- Tell your students to walk, never run, across the street.

BIKING

- Students always need to wear a helmet. It's the law!
- Students riding on the sidewalk should let walkers know that they are behind them. Leave plenty of room when
 passing.
- · Students must walk their bike when in a crosswalk.
- Students should only park their bike in the bike racks.

Fern Bacon Middle School Pick-up/Drop-off Procedures

For the safety of your child, please follow the pick-up and drop-off procedures:

BE A COURTEOUS DRIVER

- Be alert for students walking and biking to school. They are more likely to dart out into the street.
- Always drive 25 MPH or less around the school during school travel times.
- Do not stop in or block visibility of crosswalks.
- Do not use cellular devices while driving in a school zone
- Do not block visibility or access to the Parking lot

CUNY AVENUE PICK-UP AND DROP-OFF

- Drop-off and pick-up your children only on the school-side of the street. Do not have your children cross the street midblock.
- Your students should enter and exit your vehicle only on the passenger side.
- The school side of the street is for loading only. Do not park and block other cars from loading at the curb.
- The parking lot entrance is closed to pick-up.
- Do not drop students off in front of the parking lot driveway.



A PIE

- Los estudiantes deben esperar la señal del guardia de cruce escolar antes de cruzar la calle.
- Los estudiantes deben mirar antes de cruzar las avenidas anchas.
- Enseñe a sus estudiantes a cruzar las calles con seguridad:
 - Detenerse al llegar a la orilla de la banqueta.
 - o Mirar a la izquierda, a la derecha y nuevamente a la izquierda.
 - Preguntarse "¿es seguro cruzar?
 - Si viene un auto, repetir todo lo anterior.
 - o Si un auto se detiene frente a ti, hacer contacto visual con el conductor para asegurar ser visto.
- Instruya a sus estudiantes a caminar, nunca correr, al cruzar la calle.

EN BICICLETA

- Los estudiantes siempre deben usar el casco. ¡Es la ley!
- Los estudiantes que transitan sobre la banqueta deben advertir a los peatones cuando van manejando detrás de ellos. Dejar suficiente espacio al pasar.
- Los estudiantes deben llevar su bicicleta caminando cuando atraviesan el cruce peatonal.
- Los estudiantes deben estacionar sus bicicletas únicamente en los estantes designados para ello.

Procedimiento para recoger y dejar estudiantes en Fern **Bacon Middle School**

Por la seguridad de sus hijos, por favor cumpla con los procedimientos para recogerlos y dejarlos:

SEA UN CONDUCTOR CORTÉS

- Esté atento a los estudiantes que transitan a la escuela en bicicleta o a pié. Es más probable que se lancen a la calle repentinamente.
- Maneje siempre a menos de 25 millas por hora en los alrededores de la escuela durante el horario de transporte escolar.
- No se detenga ni bloquee la visibilidad de los cruces de peatones.
- No use dispositivos celulares mientras conduce en una zona escolar.
- · No bloquee la visibilidad ni el acceso al estacionamiento.

PARA RECOGER Y DEJAR ESTUDIANTES EN **CUNY AVENUE**

- Recoja o deje a sus estudiantes solo del lado de la escuela. Sus estudiantes no deben cruzar a media calle.
- Sus estudiantes deben subir y bajar de su vehículo solo del lado del pasajero.
- El lado de la escuela de la calle es solo para cargar. No estacione y bloquee que otros carros no se carguen.
- La entrada al estacionamiento está cerrada para recoger el tráfico.
- No deje a los estudiantes frente a la entrada del estacionamiento.