



Free Technical Assistance through WALKSacramento

WALKSacramento is a regional non-profit that specializes in land use and transportation for the advancement of public health. Our work includes policy, design, and community engagement around the intersection of health and planning.

Through grants from the Strategic Growth Council and the American Planning Association, WALKSacramento is offering free technical assistance to local jurisdictions and planning agencies throughout the SACOG region to better integrate health into the planning process. Our free technical assistance program offers:

- **Educational presentations and training workshops** on Active Design and best practices around healthy community planning. Trainings are available at the staff, commission, and council levels.
- **Policy review and development assistance** WALKSacramento will analyze policies and guidelines for their inclusion of healthy communities elements and will work with you on developing additional health promoting policies.
- **Development review assistance.** WALKSacramento and the Design 4 Active Sacramento Team can work closely with staff planners and developers to incorporate elements of active design early in the development process.

Other Assistance

- **Health Impact Assessments.** WALKSacramento has the technical expertise to develop project or policy based Health Impact Assessment reports to help advance health promoting design elements and share the positive health impacts of projects. Health impact assessments involve community stakeholders and help to make strong cases for funding.
- **Grant development assistance.** WALKSacramento can provide assistance in the development of transportation and land use related grant applications, specifically with regard to calling out the health benefits of projects.
- **Community engagement.** WALKSacramento has nearly two decades of experience working with community members and community based groups throughout the Sacramento region on identifying transportation needs and better engaging within the community outreach process.