

## HEALTHY COMMUNITIES INITIATIVES

### Local/Regional

**Sacramento County and Design 4 Active Sacramento (D4AS)** A cross sector Health & Built Environment Team – Active Design <http://www.walksacramento.org/more-about-us/d4as/>

- National Leadership Program for Public's Health (CDC). 1 of 19 teams nationally.
- Housing Element, Zoning/Development Code, Design Guidelines - Sacramento County
- Codified Health into Development Code and Guidelines July 2015  
<http://centerforactivedesign.org/sacramentoactivedesignpolicy>

### **WALKS**Sacramento, Design for Active Sacramento

- D4AS moved under umbrella of WALKS Sacramento to do more local and regional work
- SGC3 funding in partnership with SACOG to provide technical assistance to jurisdictions on advancing active design and healthy communities. Currently available to interested jurisdictions. Work with developers, policy review, training, and presentations to community groups and elected, etc.
- Plan4Health grant from American Planning Association/American Public Health Association to bring together Planners and Health. Funded by the CDC. 1 of 17 teams nationally. Do similar work as in SGC3 grant, Sacramento focus. <http://www.plan4health.us/plan4health-coalitions/sacramento-county-ca-design-for-active-sacramento-coalition/>
- Engaged with Ca Dept of Public Health, Chronic Disease and Let's Get Healthy California Plan.
- Engaged with Ca Governor's Office of Planning and Research-General Plan Guideline update and Healthy Planning Leadership series.

### **Plan 4 Health/SGC3 & Related Work – SACOG, APA, AIA/ASLA, ULI, CCLHO/CHEAC**

- Bringing together Planning and Health – started with 7 county PHO
- SACOG hosting Planners and Health staff to attend Planner meetings, webinar another example, working at intersections. Continuing engagement.
- Regional PHO & Planning Director Convening May 26, plus 2 other convenings
- 6 Speaker Series –“Vital Signs: On the Pulse of Planning for Healthy and Equitable Communities”
- SACOG Urban Footprint

### State

#### **Governor's Office of Planning & Research**

- Draft General Plan Guidelines – healthy communities policies and optional element
- Hazard Mitigation Plan – must address climate adaptation, health is significant
- Safeguarding California Action Plan – includes public health, significant
- Other related legislation implementation

#### **California Dept of Public Health, CCLHO/CHEAC**

- Let's Get Healthy California website and initiative
- Health in All Policies, Equity
- Statewide survey of Local Health Department leadership & Regional Convening late summer;  
<http://cclho-cheacchronicdiseaseleadershipproject.com/>
- BRACE Building Resiliency Against Climate Effects) Framework – Health and Climate 10 regions  
<http://www.cdph.ca.gov/programs/Pages/ClimateChange.aspx>

**The California Endowment, Robert Wood Johnson & Knight Foundation, San Francisco Federal Reserve Bank** – has been funding work in the \$10 millions, imbedding health into community development for years.

#### **California Planning Roundtable (CPR)**

- Social Determinants of Health for Planners: <http://www.cproundtable.org/publications/social-determinants-health-planners/>
- Healthy Communities Work Group – Defining Healthy Communities and Other Resources:  
<http://www.cproundtable.org/publications/healthy-communities-definition/>

**The Institute for Local Government (ILG) Online Guide to Planning Healthy Neighborhoods**  
<http://www.ca-ilg.org/online-guide-planning-healthy-neighborhoods>

Understanding the Basics of Land Use and Planning: A Guide to Planning Healthy Neighborhoods  
[http://www.ca-ilg.org/sites/main/files/file-attachments/2010\\_-\\_healthy\\_neighborhoods.pdf](http://www.ca-ilg.org/sites/main/files/file-attachments/2010_-_healthy_neighborhoods.pdf)

**National/Federal**

**Affordable Care Act** – changes the traditional delivery of healthcare services, rewards prevention, success will rely on healthier communities and populations.

**CDC – BRACE Framework** <http://www.cdc.gov/climateandhealth/brace.htm>

**American Planning Association (APA) Planning and Community Health Center** – advances practices that improve human environments to promote public health through active living, healthy eating, and health in all planning policies. Learn more about projects and priority areas here:  
<https://www.planning.org/nationalcenters/health/>

**Urban Land Institute (ULI) Building Healthy Places Toolkit** – outlines evidence-supported opportunities for enhancing health outcomes in real estate developments and decision making to create places that contribute to healthier people and communities and to enhance and preserve value by meeting growing desires for health-promoting places. For more information, link here: <http://uli.org/research/centers-initiatives/building-healthy-places-initiative/building-healthy-places-toolkit/>

## HOW PEOPLE DIE IN THE SACRAMENTO REGION

| County     | Leading Causes #1 | Leading Causes #2 | Leading Causes #3                 |
|------------|-------------------|-------------------|-----------------------------------|
| Sacramento | Heart Disease     | Cancer            | Stroke                            |
| Nevada     | Cancer            | Heart Disease     | Chronic Lower Respiratory Disease |
| Yolo       | Heart Disease     | Cancer            | Chronic Lower Respiratory Disease |
| Yuba       | Heart Disease     | Cancer            | Chronic Lower Respiratory Disease |
| Placer     | Cancer            | Heart Disease     | Chronic Lower Respiratory Disease |
| Sutter     | Cancer            | Heart Disease     | Chronic Lower Respiratory Disease |
| El Dorado  | Cancer            | Heart Disease     | Unintentional Injury              |

## IN-ACTIVITY IS THE NEW SMOKING !

