

4/30/2014 VIA EMAIL

Greg Sandlund, Associate Planner City of Sacramento Community Development 300 Richards Boulevard, 3<sup>rd</sup> Floor Sacramento, CA 95811

RE: i15 (DR13-224)

### Dear Mr. Sandlund:

Thank you sending the i15 (DR13-224) project information to WALKSacramento. We have reviewed the Oct. 29, 2013 application and the April 1, 2014 re-routing, met with the applicant to discuss the project, and we offer the following comments.

Development projects that lead to more walking and active travel are critical to our community's future. Human beings need moderate exercise, such as walking, for about 30 minutes a day in order to prevent the development of chronic disease and overweight. Only 38% of the population in the Sacramento region is active at this minimal level, often due to limitations placed by a built environment not suited to walking and other types of physically active travel. If more people could obtain regular exercise by walking and bicycling to their regular destinations, in lieu of driving, it could yield significant health improvements to the resident population of this area. Reduced driving would also decrease vehicle emissions and the prevalence of asthma, cardiovascular disease, and other air pollution-related conditions. More trips by walking and bicycling could help reduce the current expensive burden on the health care system of providing medical care to more and more people with chronic conditions due to inactivity and poor air quality.

The i15 project, with no dedicated on-site vehicle parking spaces and 40 long-term and 8 short-term bicycle parking spaces, will appeal to people that want to walk or bike daily and not pay for vehicle parking they don't use. Future residents of i15 will be able to get even more daily physical activity if it is convenient to use the stairs instead of the elevator in the building. There are several modifications to the building design that we believe will encourage more stair use.

We like the close proximity of the south stairwell door to the elevator on floors 2 through 6 and 8. This relationship should contribute to greater stair use because the choice between waiting for the elevator and taking the stairs immediately will be presented every time a trip between floors is taken. However, the stairwell door on the first floor isn't located in a place that will encourage stair use. The first-floor stairwell has only an exterior door to the ground level open space, while the elevator is located inside the lobby. Anyone entering the lobby will not have the opportunity to easily choose to take

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the stairs instead of the elevator, especially if the stairwell door is for egress only. Therefore, WALKSacramento recommends adding a door from the lobby to the south stairwell so that tenants and visitors have more opportunities to increase their daily physical activity by using the stairs instead of the elevator.

The walking environment in stairwells can also contribute to stair use. Using flooring and wall treatments in the stairwells similar to those in the hallways will make the stairwells an extension of the hallways and more desirable to use. Natural and artificial lighting similar to that in the hallways will also make using the stairs more pleasant, but neither of the two stairwells incorporates windows for natural lighting. WALKSacramento recommends that both stairwells have windows on each floor and incorporate quality floor and wall treatments to encourage greater use of the stairs.

WALKSacramento is working to support increased physical activity such as walking and bicycling in local neighborhoods as well as helping to create community environments that support walking and bicycling. The benefits include improved physical fitness, less motor vehicle traffic congestion, better air quality, and a stronger sense of cohesion and safety in local neighborhoods.

Thank you for your consideration of these comments and recommendations. If you have questions or need additional information, please contact us at (916) 446-9255 or cholm@walksacramento.org.

Sincerely, Chris Holm Project Analyst

cc: Sara Lebastchi, D&S Development Inc.

Enclosure: Development Checklist for Biking and Walking

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# DEVELOPMENT CHECKLIST for BIKING and WALKING

Prepared by WALKSacramento and SABA (Sacramento Area Bicycle Advocates) September 2012

This checklist is provided to give an indication of design, engineering, and policy elements that we consider when reviewing development projects.

#### **POLICIES**

- Walking and biking is a priority
- Adopted a policy to develop a full multi-modal and ADA accessible transportation system

# Project Review and Comment

# **POLICY CONSIDERATIONS**

- Pedestrian Master Plan
- Bicycle Master Plan
- Regional Blueprint
- Regional Blueprint Consistent General Plans
- Adopted Climate Action Plans
- Subdivision ordinances to support pedestrian and bicycle access and safety
- Zoning ordinance to support pedestrian and bicycle access and safety

#### **ENGINEERING**

- SIDEWALKS & BIKELANES ON BOTH SIDES OF MAJOR ROADWAYS
  - o Pedestrian Level of Service "C" or better on arterials
  - Bicycle Level of Service "C" or better on arterials
- SAFE CROSSINGS FOR PEDESTRIANS
  - o every 300-600 feet on major arterials
  - well lit, marked crosswalks
  - o audible signals & count-down signals
  - median refuge islands
- SPEED MANAGEMENT
  - Speed limits based on safety of pedestrians and bicyclists
  - Implement "road diets" where there is excess lane capacity
- STREET DESIGN STANDARDS
  - Maximize pedestrian and bicyclist safety
  - Sidewalks buffered by trees and landscaping on major arterials
  - Vertical curbs
  - o 5' minimum sidewalk widths, 8' in front of schools
  - 6' minimum bike lanes on busy streets

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# INTERSECTIONS

- Median refuge islands for pedestrians
- Signal timing to enable safe passage
- Signal detection for bicyclists
- Crossings on all 4 legs of intersections

# ELIMINATE BARRIERS

- Freeway, railroad, river and creek crossings
- Obstructions in sidewalks and bike lanes

# **NEW DEVELOPMENT - REQUIRE**

- Walking & bicycling circulation plans for all new development
- Direct and convenient connections to activity centers, including schools, stores, parks, transit
- Mixed uses and other transit supporting uses within ¼ mile of light rail stations or bus stops with frequent service
- Minimum width streets
- Maximum block length of 400'
- □ 4-lane maximum for arterials; Recommend 2 lanes wherever possible

#### **NEW DEVELOPMENT - DISCOURAGE**

- Cul-de-sacs (unless it includes bike/ped connections)
- Gated and/or walled communities
- Meandering sidewalks
- Inappropriate uses near transit (gas stations, drive-thru restaurants, mini storage and other auto dependent uses)

# **BUILDINGS - REQUIRE**

- Direct access for pedestrians from the street
- Attractive and convenient stairways
- □ Bicycle parking long & short term
- Shower & clothing lockers

# **OLDER NEIGHBORHOODS**

- Improve street crossings
- Reduce speeds
- Provide new connections
- Create short cuts for walkers and bicyclists by purchase of properties or other means
- Provide sidewalks on both sides of major streets

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# Policy Review and Comment

#### **ENFORCEMENT & MAINTENANCE**

- Enforce speed limits
- □ Enforce crosswalk rules conduct crosswalk sting operations
- Enforce restrictions against parking on sidewalks
- Enforce bicycle rules including riding with traffic, lights at night, stopping at red lights
- Implement CVC 267 setting speed limits based on pedestrian and bicyclist safety
- Sweep streets and fix hazards
- Repair and replace broken sidewalks

#### **EDUCATION**

- □ Train staff on pedestrian and bicycle facility design.
- Train development community about pedestrian and bicycle planning and safety issues
- Bicycle skills training

#### **FUNDING**

- □ Include pedestrian and bicycle facilities in capital improvement programs
- Include pedestrian and bicycle facilities as a part of roadway widening and improvement projects
- Support Measure A pedestrian and bicycle facility allocation
- Set priorities based on safety and latent demand
- SACOG Community Design grants & Bike/Ped grants
- California Bicycle transportation Account
- Safe Routes to School

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