2nd Regional Convening of Public Health Officers and Planning Directors

Presented by Design 4 Active Sacramento & Planners for Health

Plan 4 Health and Planners 4 Health

Kirin Kumar
Executive Director, WALKSacramento
• A joint CDC funded program between the American Planning Association (APA) and American Public Health Association (APHA)

• Building stronger collaboration between the health and planning sectors at a local level

• Focused on coalition building and technical assistance
Design 4 Active Sacramento Coalition

• Expanded upon the original D4AS Team
• Representatives include public health, private health care, local government, planning, engineering, sustainability, and other sectors
Accomplishments to Date

• State’s first PHO/Planning Director Convening
• Workshops and trainings with diverse partners
• Youth engagement and community empowerment
• Expanding the data toolkit
• Technical assistance
ON THE PULSE OF PLANNING FOR
HEALTHY AND EQUITABLE COMMUNITIES
VITAL SIGNS
2016 SPEAKER SERIES

Grab your data, put on your stethoscope, and join our coalition of community planners, designers, and public health professionals to discuss how to keep our communities vital and fit new and into the future!

Planners and public health officials and practitioners have long understood that community design impacts the health of community members. As the importance of environmental health and equity is increasingly recognized, there are new opportunities for planners, public health professionals, government, and community stakeholders to collaborate on advocating for and creating healthier places while advancing the shared goals of livable, inclusive communities, increased mobility and access to resources, economic vitality and opportunity, and reduced pollution and greenhouse gas emissions. The SecValley APA 2016 Speaker Series will utilize all six sessions to examine how planning and public health can integrate resources and actions to diagnosis, treat, prevent, benchmark, and celebrate the success of communities as they strive to improve the health of their residents, as well as that of their infrastructure and economy. Let us help care what all you register now!

All sessions will be held from 8:30-10:30 a.m. Join us for coffee & networking from 8:00-8:30 a.m.
West Sacramento Community Center, 1075 West Capitol Avenue, West Sacramento
Free, Unrestricted Parking at 1271 West Capitol Avenue (behind Walgreens)

COLLABORATING PARTNERS

Friday, May 13
Taking the Temperature for Community Health and Well-Being
Presenters: Dan Woo, California Department of Public Health; Jonathan London, UC Davis; Brian Cole, UCRA; Ken Blankenship / Clint Kellar, Esri

What are the connections between the public health and planning professions? What instruments are available to check a community’s “vital signs”? Public health and planning have shared a long and intertwined history, and despite each broadening their practice to different areas of expertise, there has been an increased “re-convergence” between the two, particularly surrounding health, the built environment, and climate change. Join us for this session to understand the connections between public health, planning, and the environment, with specific focus on climate change and health impacts: learn what the social determinants of health are and how to measure them; and acquire the access to the tool kit of data related to public health, for example GIS mapping, indicator projects, and other innovative tools to take a community’s “temperature.”

Friday, June 24
Road to Recovery: How to Overcome the Diagnosis
Presenters: Karla Valenzuela Garcia, Valenzuela Garcia Consulting; Phoebe Seaton, Leadership Counsel for Justice & Accountability; Miguel A. Vazquez, ACP, Riverside County Department of Public Health

This session will examine why some communities are healthier than others and the role that planning processes have played in creating these health disparities. How do we change these systems to increase not only health equity, but also support healthier communities for everyone? Speakers will discuss three current strategies for shifting planning policy and practices to increasingly integrate health outcomes, including community engagement, engaging the next generation, and state and local policy change.

—Over—
Y-PLAN program pushes students to change local policy

BY NATASHA VONKANEK

When Anastasia Theypang's classmates in the Health and Medical Sciences track at Harris W. Johnson High School felt heard above Y-PLAN, the juniors say there was a shift in motivation. Students who initially skeptical became, "Nobody really listened to students or our voices. They just wanted to hear what adults said," Theypang says.

In Y-PLAN, or Youth-Power, Learn, Act, Know, students choose a problem, match up with a civic organization, then conduct research and surveys that are presented to local leaders and policy makers.

With the help of local nonprofits, Y-PLAN creates student-driven groups, and explained their ideas to organizations around their school, documenting new street lighting improvements and more. The Healthy and Green South Sacramento (HAGSS) and Y-PLAN South Sacramento are supported by funding from The California Endowment, which supports community health programs in South Sacramento.

Theypang's group based itself on a regularly used bus stop on 68th Street and Lemon Hill Avenue. The issue was safety and security around the bus stop. "Students were being targeted," Theypang said. They added to the mix was the 2019 school year.

"The bus stop was busy and the bus was always the same," Theypang explained. "Students were consistently waiting and waiting for the bus."

Together, they called the police and worked with the school district and the Sacramento Sheriff. The police increased the number of cars on the streets and added security officers.

"We've talked to the police, and it's been a huge change," Theypang said. "We're happy with the outcome."

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BUILDING HEALTHY COMMUNITIES

In 2010, The California Endowment launched a 10-year, $1 billion plan to improve the health of 14 disadvantaged communities across the state. Over the last 10 years, thousands of community-based organizations and public institutions will work together to improve the socioeconomic and environmental challenges contributing to the poor health outcomes for our community and others.

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Your ZIP code doesn't predict how long you'll live—but it does. Staying healthy requires much more than doctors and drugs, every day, our surroundings and habits affect how long—and how well—we live.


Learn more about starting Y-PLAN at your school by visiting y-plan.berkeley.edu.

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Technical Assistance

- Building sustainable partnerships between local government and D4AS through ATP Cycle
- Brought planning/engineering together with public health on over 17 ATP applications
- 9 of the 10 highest ranked regional applications + 3 of the 4 applications funded by the state
Planners 4 Health

• The next iteration of Plan4Health expands local health in the built environment to the statewide level
• Cross disciplinary task force to develop further policies, partnerships, and place-based programs that connect health and planning
• Look for training and other workshop opportunities!

Contact:
Linda Khamoushian
Linda.khamoushian@gmail.com
What’s Next Locally?

• Working together to address health inequities in the Sacramento Region
• Understanding and addressing the health impacts of climate change on communities throughout the region
• Continue building fruitful cross-sector collaboration
Thank you!

• To learn more about this work and available technical assistance, contact:

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