



2016 Sacramento Regional Meeting

Site Visit Passport

Although the work of the Design 4 Active Sacramento Coalition is not site specific in nature, we focus on building partnerships with great organizations and individuals who are advancing Active Design and health within communities. We really believe that in order to Plan4Health we must first partner for health. Each of the organizations on today's site visits have set the example for what it takes to be intentional about a community's health during the planning process.

For today's site visits, we have chosen to highlight the work of three exceptional partners who are bringing community based public health empowerment, Active Design, affordable housing, sustainability, and so much more to communities throughout the Sacramento Region. These are all partners who are well aware of the benefits to communities when places are designed for health.

Maple Elementary School – La Familia Counseling Center

La Familia Counseling Center, Inc. provides multicultural counseling, outreach and support services to low income, at-risk youth and families in Sacramento County. Their community based programs include behavioral and physical health, employment and adult education, youth and family programs, and community workshops. La Familia understands the clear connections between a built environment designed to promote health and community-based programming to ensure lasting change.



The Maple Elementary School site is a project by La Familia to reclaim an abandoned elementary school as a community center within one of Sacramento's most disadvantaged areas. In addition to the great programs centered on empowering residents to take control of their health, you will hear La Familia Executive Director, Rachel Rios' plans to renovate the site to foster more childhood activity, creativity, and imagination. Rachel will also discuss the barriers to advancing health outcomes in South Sacramento, and around recapturing spaces to serve a community's needs.

Website: www.lafcc.org

The Cannery – The New Home Company

The Cannery is a master planned community in Davis, CA that prioritizes farm to fork living, Active Design, and urban sustainability. The idea for living at The Cannery is pure and natural: Surround homes with parks and a working farm. The parks and open space energize the residents and the farm feeds the community. The Cannery will include 547 homes with energy efficient and Livable Design features built into every residence. The homes will be diverse, for



all generations and lifestyles, including for-sale and for-rent, detached and attached, high-end and affordable residential opportunities. In addition, some homes' multi-generational “Life Space” designs include guest houses and private quarters. Every home is within 300 feet of a park or trail that connects to Davis' bicycle network.

The Cannery represents development that truly focuses on advancing and maintaining good health through intentional planning. On today’s tour you will hear about elements of the project and how it integrates into the rest of Davis from Project Manager Bonnie Chiu of the New Home Company and Community Development Administrator Katherine Hess of the City of Davis.

Website: www.livecannerydavis.com

Mutual Housing at Spring Lake – Mutual Housing California

Mutual Housing at Spring Lake offers affordable living for working families and individuals whose limited incomes prohibit them from paying market-rate rent. Of the 62 affordable apartment flats and town-homes, 61 are set aside for agricultural workers and their families earning 0 to 60 percent of the area median income. Mutual Housing at Spring Lake is the first nationally certified Zero Net Energy rental housing in the nation as deemed by The U.S. Department of Energy. Mutual Housing at Spring Lake is the first opportunity in the nation that renters have to live in 100 percent certified zero net energy homes.

On today’s tour, you will hear from Mutual Housing’s Executive Director, Rachel Iskow about their mission of building affordable, healthy, and sustainable housing through a high degree of resident engagement.



Website: <http://www.mutualhousing.com/yolo-communities/spring-lake>